



**I WAS SO
EMBARRASSED
AT THE
DOCTOR'S OFFICE**

A Boy's Puberty Story

RICHARD CARLSON

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Doctor's Office:
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About the story: Shy and sensitive fourteen-year-old Preston must get a tetanus shot at the doctor's office and unexpectedly experiences an embarrassing situation in front of an attractive young female nurse. A fictitious story taking place in Upstate New York, USA, spring 1985.

About the author: Richard Carlson is an author of children's and coming-of-age books. He is a highly sensitive person, or HSP. You can learn more about him at

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Preston, fourteen years old, shy, and sensitive, sat alone in a doctor's consultation room, wearing his green muscle shirt and green shorts. He was a smart Black kid who hoped his mom would return soon; she'd left the office to make a phone call.

Preston had been bitten by the family dog, a beagle named Cody. The doctor had explained that he needed a tetanus shot, so he was waiting for a nurse to come in and give him the shot.

Preston's twelve-year-old younger brother had stepped on a nail three weeks earlier and had to get a tetanus shot in his backside.

A very attractive female nurse came in and, facing away from Preston, prepared the shot at a table.

Preston undid his shorts and bravely pulled his shorts and underwear down to his ankles. Standing there, with his genitals completely exposed, he patiently waited and waited and waited for the shot.

As she was turning around, the nurse said, “Please let me see your arm.”

Extremely embarrassed, Preston hastily pulled up his underwear and shorts and buttoned and zipped his shorts.

He wasn’t fast enough, though: the nurse giggled, covering her mouth.

His face turned red.

Preston was happy and relieved when it was finally over. Even after he

grew up, he never forgot that day.
Preston got a big laugh whenever he
thought about it.